



BTEC FIRST HEALTH AND SOCIAL CARE CURRICULUM PLAN 2021/2022

WEEK	YEAR 10/11
1	Introduction to the H&SC course and career opportunities in H&SC. Team building activities and course handouts/organisation of work.
2	Introduction to UNIT 1 Human Lifespan and Development . Introduction to life stages (infancy, early childhood, adolescence, early adulthood, middle adulthood and later adulthood). Self-esteem and self-identity.
3	PIES (focus on infancy 0-2 yrs)
4	PIES (focus on early childhood 3-8 yrs)
5	PIES (focus on adolescence 9-18 yrs)
6	PIES (focus on early adulthood 19-45 yrs)
7	PIES (focus on PIES (focus on middle adulthood 46-65 yrs) and PIES (focus on later adulthood 65 yrs +)
8	Completion of PIES (focus on PIES (focus on middle adulthood 46-65 yrs) and PIES (focus on later adulthood 65 yrs +)
9	Physical environmental factors affecting human growth and development
10	Social, cultural and emotional factors
11	Economic factors affecting human growth and development
12	ASSESSMENT WEEK
13	Expected and unexpected life events
14	Unit 1 Exam Revision
15	Unit 1 Exam Revision (Exam on 13.1.22)
16	Introduction to Unit 2 Care Values in Health and Social Care . Defining and demonstrating care values.
17	Defining and demonstrating care values - confidentiality and person-centred approach to care
18	Defining and demonstrating care values - dignity and showing respect for the individual.
19	Defining and demonstrating care values - safeguarding and a duty of care
20	Assignment 1 support sessions
21	Empowering individuals - adapting environments, promoting choice and working in partnerships, communication and positive working practices
22	Assignment 2 support sessions
23	Introduction to Unit 4 Social Influences on Health and Wellbeing - primary and secondary socialisation (agents of socialisation and their influence)
24	Effects of socialisation (gender roles and shaping attitudes)
25	Effects of socialisation (social norms, values, influence on lifestyle choices)
26	Assignment 1 support sessions
27	Influences of relationships on individuals' health and wellbeing
28	Assignment 2 support sessions
29	Social factors that influence health and wellbeing and the effect of those factors on health and wellbeing
30	Social factors that influence health and wellbeing and the effect of those factors on health and wellbeing
31	Assignment 3 support sessions
32	Introduction to Unit 5 Promoting Health and Wellbeing . Health promotion - purposes and aims, types of health promotion, health risk advice.

33	Types of health promotion campaigns, medical interventions and benefits to the individual. Benefits of health promotion to the nation.
34	Assignment 1 support sessions.
35	Topics for health promotion, different promotional materials, research and gathering data for promotion.
36	Target groups in health promotion and evaluation of health promotion strategy
37	Assignment 2 support sessions
38	Outstanding Assignment Workshops/careers in H&SC and Next Steps
39	Outstanding Assignment Workshops/careers in H&SC and Next Steps