



KING'S TRUST ANNUAL CURRICULUM PLAN

The King's Trust qualifications in Personal Development and Employability Skills aim to help students improve upon a range of personal skills, qualities and attitudes required by employers across a range of sectors. The course is designed to help students progress to further education and/or employment.

It is intended that students learn real-life skills, such as money management, to help prevent them from getting into financial difficulties later in life, and job skills search. Furthermore, they will understand the impact that unhealthy choices and lifestyles may have on their bodies.

Students will cover other topics such as:

- Digital Skills,
- Wellbeing,
- Presentation Skills,
- Project based learning.

As The Prince's Trust covers such a wide variety of topics across different levels (Entry 3 - Level 2) it is intended to be accessible for all students, no matter their educational level or background. Students will also have the opportunity to earn awards, certificates, or extended certificates, depending on their motivation and abilities. The flexibility in levels and qualifications will mean that all students have the potential to achieve.

AUTUMN 1 7 weeks	Digital skills Teamwork skills
AUTUMN 2 7 weeks	Wellbeing Managing money
SPRING 1 6 weeks	Wellbeing - healthy eating Preparing for the world of work
SPRING 2 6 weeks	Well being - physical activity Presentation skills
SUMMER 1 5 weeks	Project-based learning Personal Development
SUMMER 2 8 weeks	Catch up/ TT change



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WEEK	
1	Understanding E-Safety and appropriate online behaviour
2	Rate own digital skills and using digital tools
3	Using digital skills, reviewing own digital skills and identifying areas for improvements
4	Stages of a team, examples of effective teams
5	Characteristics of an effective team, team activity
6	Reflect on previous activities, Team activities
7	Reflection and action plans to improve teamwork skills
8	What is well being, understanding emotional well being, well being activity
9	Understand physical well being and how to manage stress, well being activity
10	How to improve own well being, well being activity
11	Banks, saving and borrowing money
12	Money in the world of work
13	Money management (needs and wants), fraud, money advice
14	Money management scenario/ budgeting project
15	Balanced diets and impact of culture
16	impact of social media on diets, meal plans and hygiene
17	Plan and make a meal, Review own healthy eating
18	Advantages of being in work, importance of work-life balance
19	Types of work employment, how to job search, payslips
20	Work skills, appropriate behaviours in a workplace, identify career options
21	Positives of physical activity, impact of no physical activity, participate in sporting activity
22	Facilities that support physical activity, Risks and how to reduce them of physical activity, participate in sport activity
23	Participate in physical activity, reflect on sporting activities, identify how to be more active
24	Purposes of presentation and where they are used, effective and bad presentations, benefits of practising
25	Critique presentations, Create a presentation
26	Deliver presentations and reflection
27	Personal strengths and weaknesses, Resilience, identify a personal development target
28	Project ideas, project plans (resources ect), why this project has been chosen
29	Create project
30	Create project, deliver project and outcomes, review project
31	Reflect on on personal development target and think of examples for future targets
32	Catchup
33	Catchup
34	Catchup
35	Catchup

36	Catchup
37	Catchup
38	Catchup
39	Catchup